



Recent Awards, Recognitions & Feature Stories  
Media Contact: Gail Ridings, TallGrass owner, 303-679-4466; sharpgail@aol.com

- “Dogs Have Their Day for a Good Cause at Outdoor Spa” – Canyon Courier
- “TallGrass Aveda Walk for Water” – Denver Post Fitness Calendar
- “Spas and Suppliers Give Back” – Skin, Inc.
- “Soldier Box Project Gaining Interest” – Canyon Courier
- “Green Scene” – DAYSPA Magazine
- “The Look: Fashion Show for Evergreen Causes” – Denver Post
- “Scrubbing to Save Pets” – The Denver Post
- “Aveda Walk for Water, Evergreen Lake House” – 5280 Magazine Best Bets
- “Top Honors 2012 – Top Website” – DAYSPA Magazine
- “The Road of Dreams: TallGrass Helps Shelter Kids with Donation of Bicycles” – The Canyon Courier
- “Embracing Advocacy” – Pulse Magazine
- “Best Denver Day Spa” – The Denver Channel A-List
- “TallGrass Spa Owner Issues New Year’s Charity Challenge” – American Spa Magazine blog
- “Best Day Spa in Denver” – The Denver Channel A-List
- “Putting the ‘Man’ in Mani/Pedi” – Denver Magazine
- “Relax... Calmest, Quietest, Coolest (and Most Decadently Wonderful) Urban Spas” – 5280 Magazine
- “Favorite Pamper Palaces” – Denver Magazine
- “Cupid’s Top Picks” – Denver Daily News
- “Relax and Rejuvenate” – Sunset Magazine
- “Best Day Spa in Denver” – The Denver Channel A-List
- “Protective Pampering: the Greening of Evergreen’s TallGrass Spa” – Denver Magazine
- “Smooth Move” – Denver Life Magazine
- “Colorado’s Top 20 Spas” – Denver Life Magazine
- “Business of the Year” – Evergreen Area Chamber of Commerce
- “Best Game Day Face: TallGrass Facial” – The Law Review

“Top Massage – Readers’ Choice” – 5280 Magazine

“Top Facial – Readers’ Choice” – 5280 Magazine

“Top Manicure – Readers’ Choice” – 5280 Magazine

“Top Spa Treatment – Readers’ Choice (The Quencher)” – 5280 Magazine

“Best Spa” – Canyon Courier

“Best Massage Therapist, Tom Clark” – Canyon Courier

“Best Manicure” – Canyon Courier

“Top Manicure/Pedicure Salon – People’s Choice” – Rocky Mountain News

“Top Spa – People’s Choice” – Rocky Mountain News

“Top Spa” – 5280 Magazine

“Top 100 Women Owned Businesses” ColoradoBiz Magazine

“Top Spa – People’s Choice” – Rocky Mountain News

“Come Together, Spas as Gathering Places, Who’s Doing it Well” – 5280 Magazine

“Ultraluxe Pedicures” – Lucky Magazine

“Top Manicure” – Mountain Connection Newspaper

“Top Spa – Rocky Mountain News

“The Best of the Best” – Allure, The Beauty Expert Magazine

“One of O’s Favorite Spas Across the Country” – O, The Oprah Magazine

“Top Spa, Top Facial, Top Massage, Top Unusual Spa Treatment (TallGrass Tango)” – 5280 Magazine

“City’s Best” – AOL City Guide/Yellow Pages Shopping Directory

“Most Romantic Place for Valentine’s Couples” – Editors of 5280 Magazine/Denver’s WB2

“Top Spa” – 5280 Magazine

“Top Massage” – 5280 Magazine

“Best of Citysearch.com” – Citysearch.com

“Top 250 Private Companies in Colorado” – ColoradoBiz Magazine

“Top 100 Women-Owned Businesses” – ColoradoBiz Magazine

“Top Spa – Editors’ and Readers’ Choice” – 5280 Magazine

“Top Spa – Editors’ Choice” – 5280 Magazine



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“One of the Nation’s 200 Fastest-growing Salons” – Salon Today Magazine

“Quick – Relax” – One of Three Featured Day Spas – Travel & Leisure Magazine

“Business of the Month” – Colorado Serenity Magazine

“Yoga for Wellness” – The Denver Post

“Yoga for Wellness is Coming to TallGrass” – Rocky Mountain News Fashion Calendar

“What’s Doing at Day Spas” – Spa Finder Magazine

“Suppose You Want to Spaaa-a-ah” – Frontier Magazine

“Local Celebrities Tend Bar...to Support Charities” – Colorado Serenity Magazine

“TallGrass Names New Director” – Colorado Serenity Magazine

“Briefcase” – Susie Hiemstra Named Spa Director – Denver Business Journal

“Top Spa” Readers’ Choice – 5280 Magazine

“TallGrass Spa Supports MALT for Earth Month” – Mountain Area Land Trust News

“Girls’ Day Out” – 5280 Magazine

“Earth Month at TallGrass” – Colorado Serenity Magazine

“Team Building Designed to Reduce Stress and Aid Creativity” – Front Range TechBiz

“Relaxation and Rejuvenation, Evergreen-Style” – Easy Chair Magazine

“Senior Spa Days” – Voices Newsletter

“Spa Day Featuring Yoga for Vitality” – The Denver Post Travel Notes

“Spa Adds Holistic Touch to Meetings” – The Denver Business Journal

“Chasing Away Holiday Stress” – Rocky Mountain News

“5280 Recognizes TallGrass” – The Canyon Courier

“TallGrass Meditation Class a Spiritual Event” – The Canyon Courier

“Top Spa – Editors’ and Readers’ Choice” – 5280 Magazine

“A Real Retreat” – Women’s Magazine

“Top Spa – Editors’ Choice” – 5280 Magazine

“Entrepreneurs Open, Renovate Colorado Spas” – The Denver Post

“Out-of-Towners” – Conde Nast Traveler Beauty on Board

“Making a Clean Break” – Working Woman Magazine



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“Places that Get It Right” – Glamour Magazine

“A Little Pluck” – Rocky Mountain News Fashion

“Romantic Outings with a Distinctly Denver Flair” – 5280 Magazine

“A Spa-sitive Attitude” – Rocky Mountain News Home Front

“Spoil Them Rotten” – Success Magazine

“TallGrass Good Girl/Bad Girl Getaway” – The Denver Post Bill Husted

“Largest Denver-area Women-Owned Businesses” – The Denver Business Journal Book of Lists

”Spa Spying” – 5280 Magazine

“TallGrass is One of Top Three Spas in the Country” – Travel & Leisure Magazine

“Travel & Leisure Names TallGrass One of Top Three” – The Denver Business Journal Street Smarts

“Play Hooky at TallGrass” – Rocky Mountain News What’s Up

“Quick – Relax” – Travel & Leisure Magazine

“Fitness Freaks...” – Rocky Mountain News Tidbits

“TallGrass” – Massage & Bodywork Magazine Spa Spotlight

“It’s a Long Way from Chicago” – The Canyon Courier

“TallGrass” – Ahh, a Spa

“TallGrass” – Colorado Serenity Magazine Business Review

“Spaaaaaaaaah Business” – The Denver Business Journal

“Couple’s Massage” – The Denver Business Journal Shop Talk

“Skin Deep” – Rocky Mountain News Spotlight

“Feel Good Day Spas on the Rise” – The Denver Post

“Wellness Goes with Pampering” – Rocky Mountain News

“TallGrass...Opens in Evergreen” – Golden Transcript

“Barefoot in TallGrass” – The Canyon Courier

“TallGrass Open House” – The Denver Post This and That



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