

# TallGrass Fact Sheet

**TallGrass Aveda® Spa and Salon** — *The Day Spa that feels like a Resort*

## About TallGrass

- TallGrass was opened on November 5, 1995, by Gail Ridings, who became a corporate drop out when she decided to leave a fast-paced marketing career in Chicago. Instead, she chose a more tranquil lifestyle by opening a spa in the state she grew to love while attending college at Colorado State University.
- TallGrass sits in a picturesque mountain meadow on Upper Bear Creek. About a 45-minute drive from downtown Denver, the spa offers a complete menu of massages, facials, body treatments, hair and nail care services, boutique shopping and catered meals, along with the private Sage Room Suite for couples' massages, meetings and social events.
- TallGrass is committed to reducing its environmental impact beginning with its relationship with the Aveda Corporation, the exclusive source of beauty products used and sold in the spa, featuring organic ingredients sourced from indigenous populations, and setting an industry standard for environmental packaging. In addition, a TallGrass task force oversees recycling, use of renewable resources, sales of environmentally friendly boutique items, buying locally and supporting other businesses that support green programs, too.

## Awards & Accolades

### 5280 Magazine

- *Top Massage*
- *Top Facial*
- *Top Manicure*
- *Top Spa*
- *Top Spa Treatment: The Quencher*
- *Top Unusual Spa Treatment: The Tango*

**Allure, The Beauty Magazine** “*The Best of the Best*”

**O, The Oprah Magazine** “*One of O's Favorite Spas across the Country*”

### Contact: TallGrass Aveda Spa and Salon

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**The most-requested packages from the TallGrass Full Service Menu:**

### Full Day Escape

Transform body and soul with a day devoted entirely to pampering from head to toe: **Elemental Nature Facial**, choice of body **Polish Massage** or **Herbal Masque Massage**, **Spa Manicure**, **Spa Pedicure**, **Shampoo and Style**, **Makeup Application** and **Spa Lunch**.

### Deluxe Half-Day

Indulge with all the essentials:

**Elemental Nature Facial**, **80-Minute Aromatherapy Massage**, **Caribbean Therapy Pedicure**, **Caribbean Therapy Manicure** and **Spa Lunch**.

### The Quencher

Super-hydrating, super moisturizing, totally drenching: **Antioxidant Facial**, **Sinfully Mocha Body Scrub**, **Damage Remedy Hair and Scalp Renewal**, and **Paraffin Hand Dip**

### Men's Tune-Up

Restore overworked body and realign balance: **Mountain Man Facial**, **50-Minute Therapeutic Massage**, **Haircut**, **Shampoo and Style**

### Mini Escape

Turn an ordinary day into an extraordinary experience: **50-Minute Aromatherapy Massage** and **50-Minute Aromatherapy Facial**

### Ultimate Vacation

Unparalleled pampering: **Ultimate Facial**, choice of **Body Polish** or **Salt Glow**, **Hot Stone Massage**, **Spa Lunch**, **Caribbean Manicure**, **Ultimate Pedicure**, **Shampoo and Style**, **Makeup Application** and a *special surprise gift*

